



What to Take to Your First Visit?

- ✓ Proof of identity for each applicant!
 1. An example for a woman would be driver's license or a photo ID card.
 2. An example for an infant or child would be a birth certificate or infant's hospital record.
 3. WIC does not require proof of citizenship or alien status.
- ✓ Proof of income for everyone living in the household (ex. current pay stubs, unemployment card, income tax return, ACCESS or Food Stamp ID card).
- ✓ Proof of Pennsylvania residency (ex. Driver's license, utility bill or recent mail).
- ✓ Immunization record for all children up to two years of age (ex. baby book, health passport).
- ✓ Your children under age five.
- ✓ If applicable, proof of pregnancy from your doctor stating your due date.
- ✓ Blood work results (hematocrit or hemoglobin) if available.



If possible, complete a dietary questionnaire for each applicant.

- [Woman](#) (up to six months postpartum or up to twelve months postpartum if breastfeeding)
- [Infant](#) (under age one)
- [Child](#) (age one to under age five)

For example:

If you are a mom with a newborn baby and you also have a 3 year-old, you would complete a woman questionnaire for you, an infant questionnaire for your newborn baby, and a child questionnaire for your 3 year-old.)